



**Barrier
Breakers
Foundation**



2025 - Q1 IMPACT REPORT



**April
2025**

Quarterly Report for

**January
February
March**

Prepared by

**Barrier
Breakers
Foundation**

Prepared for

**Skagit and
Surrounding
Communities**

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Organizational Overview



Vision

SEEKING HUMAN KINDNESS

To live in a community without barriers and prejudice of a person's past or current self. To allow them to achieve their goals with the guarantee that no one spends a night without shelter.

Mission

UNITED WE STAND to advocate for a future where our unhoused neighbors and those previously incarcerated are given the knowledge, stability, confidence, and a pathway to self-sufficiency in their lives by breaking down the prejudicial barriers that made it impossible in the past.

Values

- Advocate
- Respect
- Hospitality
- Opportunity
- Support
- Collaboration
- Integrity

Letter from the Executive Director



Rob Preston

Founder/Executive Director
Barrier Breakers Foundation

In the first quarter of 2025, Barrier Breakers Foundation continued its mission to eliminate barriers for individuals experiencing housing insecurity and systemic challenges. With a strong focus on advocacy, community collaboration, and resource accessibility, we provided essential services that empowered individuals on their path to stability and self-sufficiency.

Our five core programs—Street Outreach, Lifeline Phone Service, Housing Services, Support Services, and Transportation Assistance—delivered critical support to hundreds of individuals across Skagit and surrounding counties.

This quarter, 305 individuals benefited from essential outreach, with 52% living unsheltered and 33% identifying as veterans. Additionally, we provided lifeline phone services to 279 individuals, housing support to 143 individuals, and transportation assistance to 140 individuals. Our team also distributed thousands of essential items, including hygiene kits, clothing, sleeping bags, and harm reduction resources.

Financially, we received \$7,092 in cash donations and \$14,100 in in-kind donations, allowing us to cover critical program expenses and operating costs. We continued to forge partnerships with local organizations and faith-based groups, strengthening our network of support.

A standout success story this quarter was Arnika's journey—a Navy veteran and healthcare professional who overcame housing insecurity while battling a life-altering medical condition. With the help of Barrier Breakers Foundation and our community partners, she secured stable housing and is now working towards becoming a crisis facilitator, advocating for individuals facing similar hardships.

As we look ahead, our strategic priorities include enhancing our digital presence, expanding donor engagement, building deeper partnerships, and improving program accessibility. With the recent updates to our website, we are better positioned to increase visibility, strengthen community connections, and ensure long-term sustainability. Our ultimate goal remains clear: to break barriers and create pathways for individuals and families to thrive.

For more information, visit www.bbfbarrierbreakerfoundation.com or contact us at **360-391-5501**.

Sincerely,

Rob Preston



Financial Highlights



→	Cash Donations	\$7,092
→	In-Kind Donations	\$14,100
→	Operating Costs	\$6,105
→	Program Expenses	\$10,278

Program Analytics



FIVE MAIN PROGRAMS

Street Outreach/Essential Needs

274 Individuals Served **90%**

Lifeline Phone Program

279 Individuals Served **91%**

Housing

143 Individuals Served **47%**

Support Services

244 Individuals Served **80%**

Transportation

140 Individuals Served **46%**

IMPACT

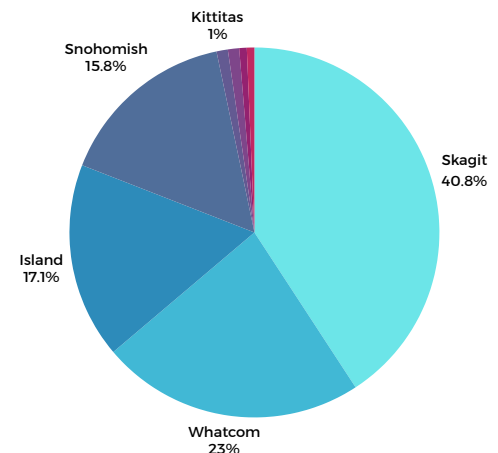
January - March 2025

305 Individuals Served

52% of Participants Living Unsheltered

33% of Participants are Veterans

Service by County:

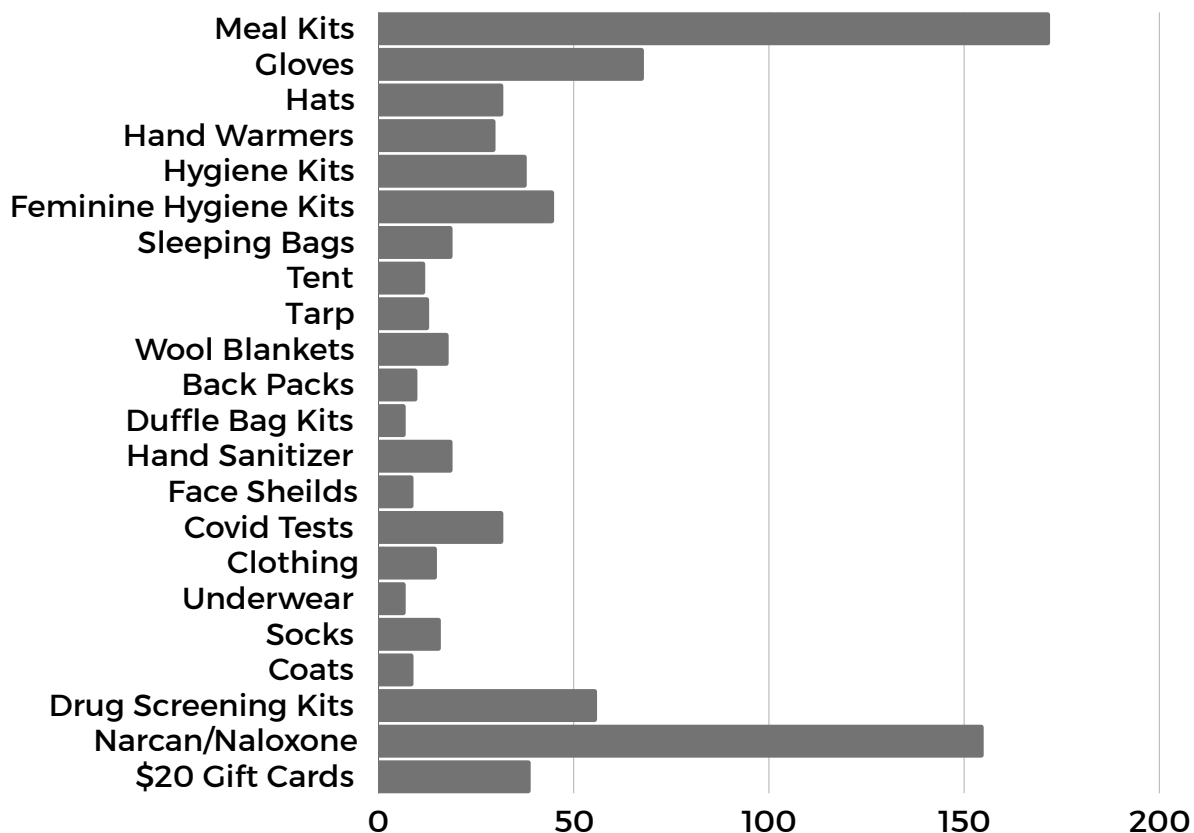


Program Analytics



Street Outreach & Essential Needs

274 Individuals Served **90%**



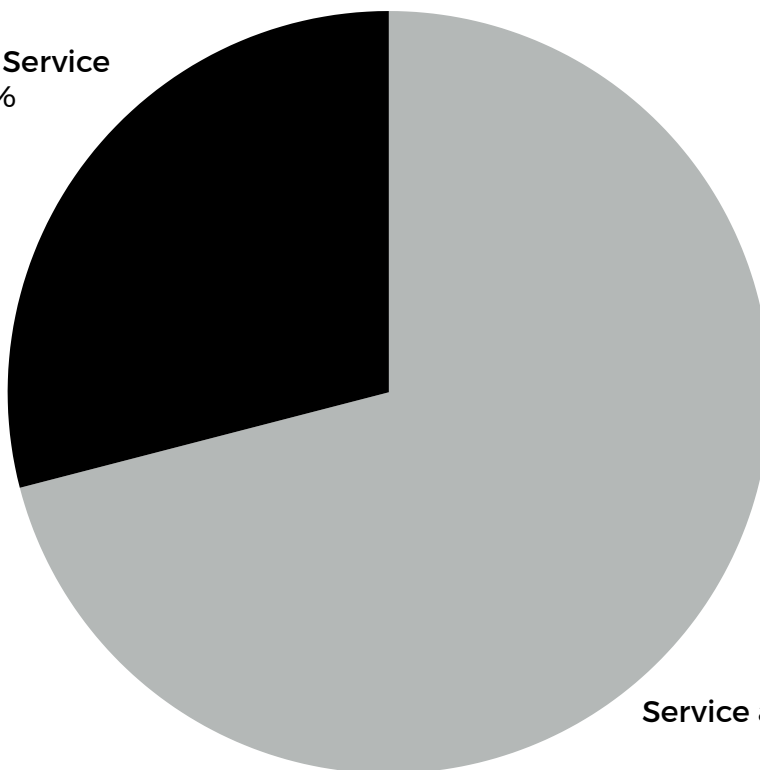
Program Analytics



Lifeline Phone Service

279 Individuals Served **91%**

Sim Card Service
29%



Service and Smartphone
71%

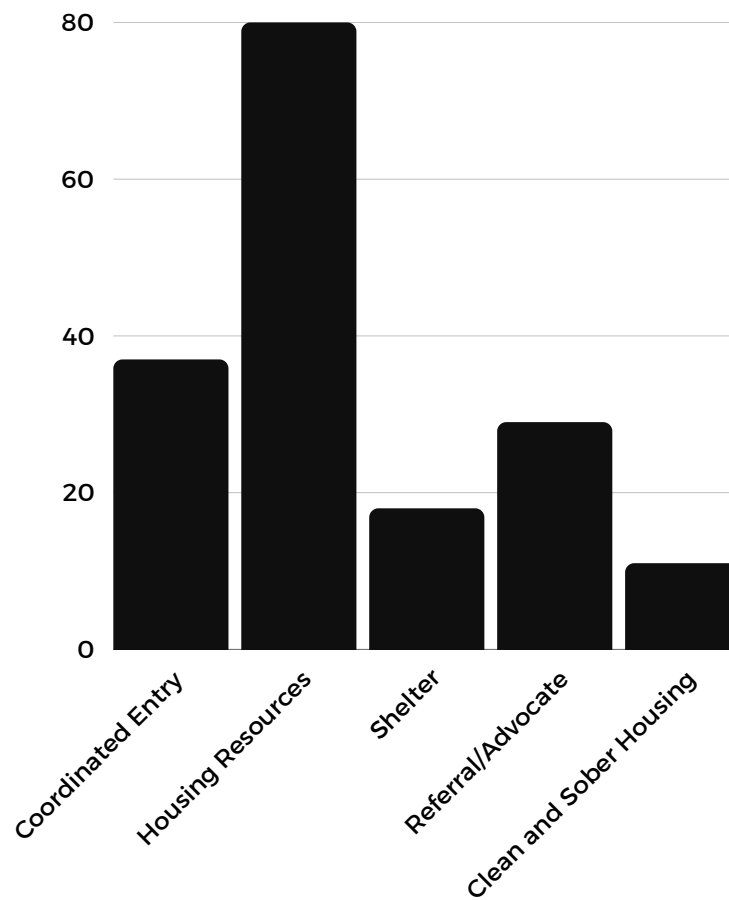


Program Analytics



Housing Services

143 Individuals Served **47%**

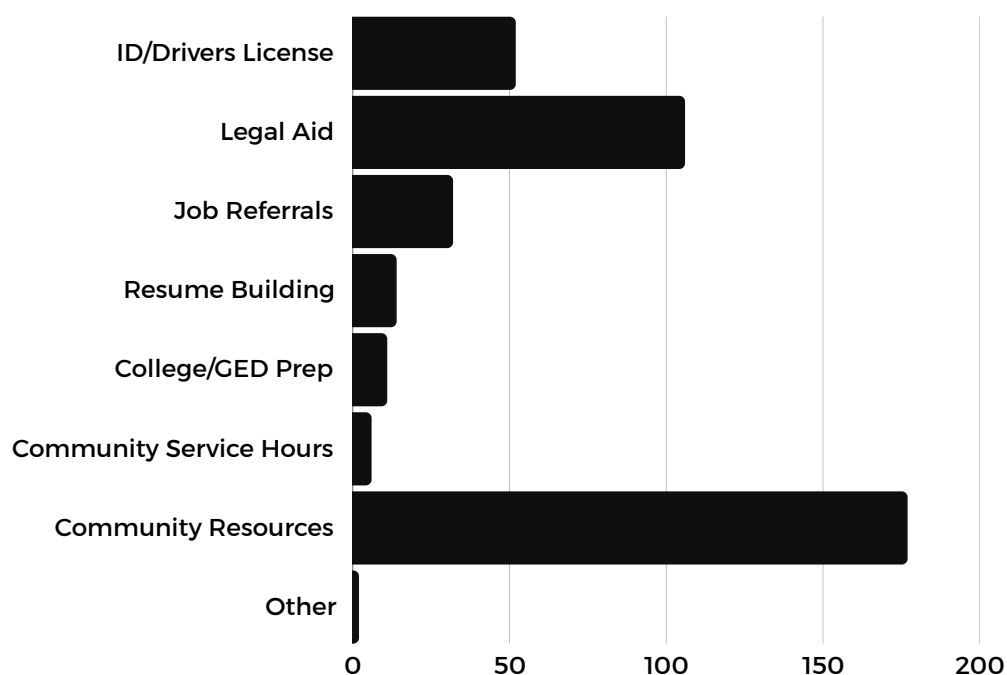


Program Analytics



Support Services

244 Individuals Served **80%**

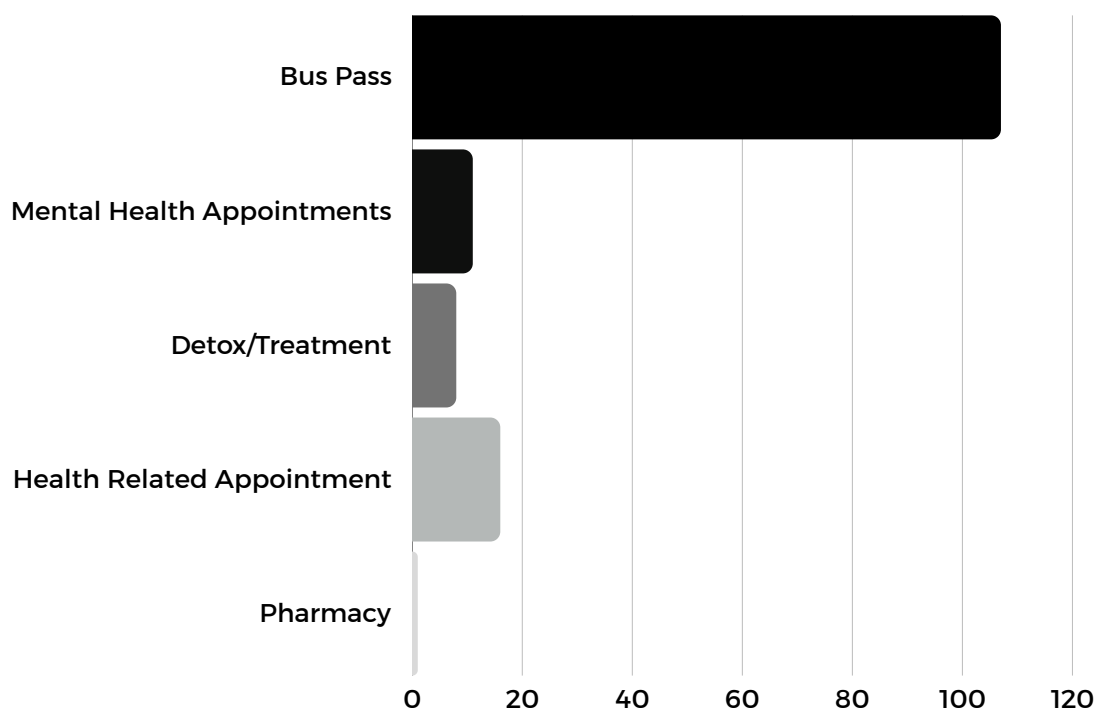


Program Analytics



Transportation Services

140 Individuals Served **46%**



Success Stories



A Story of Resilience: Arnika's Journey with Barrier Breakers Foundation

At Barrier Breakers Foundation, we believe in the power of human dignity, advocacy, and the unwavering strength of the human spirit. Arnika's journey is a testament to resilience, perseverance, and the transformative impact of community support.

Arnika, a Navy veteran, a devoted mother, and a dedicated nurse with nearly two decades of management experience, has spent her life advocating for others. However, in 2022, her world shifted when she was diagnosed with Autosomal Dominant Polycystic Kidney Disease, a condition that not only impacted her health but also carried implications for her daughter's future. As she navigated a series of personal and medical hardships—including legal blindness and a significant decline in kidney function—Arnika found herself facing housing insecurity in Skagit County.

Determined to find stability and support, she connected with Barrier Breakers Foundation through a flyer she initially took for someone else in need—an instinct that speaks to her lifelong commitment to helping others. As she faced the unimaginable challenge of being unhoused while battling serious health concerns, she was met with compassion and action. Barrier Breakers provided her with a vital lifeline: a phone that allowed her to stay connected with her doctors and access crucial medical care. More than that, she found a community that saw her worth, respected her dignity, and walked alongside her in her journey to stability.

Through the collective efforts of local organizations, including Barrier Breakers, Helping Hands, and the VA, Arnika secured housing. Though the road was not easy—taking a toll on both her health and spirit—she emerged with a renewed sense of purpose. Today, she is not only rebuilding her life but also channeling her experiences into a mission to support others in crisis. With a vision to become a crisis facilitator in Skagit County, Arnika aspires to educate, advocate, and uplift those facing domestic violence and chronic illness. Her dream is to establish a safe space for those in need and to leave a lasting legacy for her daughter.

Arnika's story is a powerful reminder that advocacy and compassion can change lives. At Barrier Breakers Foundation, we remain committed to ensuring that no one has to navigate hardship alone. Her journey continues to inspire us all to be the change we wish to see in the world.

Partnerships



Upper Skagit Indian Tribe



Goals and Strategic Focus



With the recent updates and enhancements to our website, Barrier Breakers Foundation is poised to strengthen our outreach, fundraising, and community impact in the coming months. Our primary goal is to expand our digital presence by leveraging multimedia content and maintaining consistent updates to sustain engagement. Through targeted storytelling and strategic social media efforts, we aim to increase visibility and deepen connections with our audience.

To ensure financial sustainability, we will focus on diversifying our fundraising channels by developing new donor engagement strategies, including corporate partnerships and expanded grant opportunities. Strengthening community collaboration remains a priority, as we seek to build deeper relationships with local organizations and enhance our ability to deliver critical resources to underserved families.

In addition to broadening our outreach, we are committed to increasing volunteer participation and engagement, recognizing the vital role volunteers play in our mission. We also plan to streamline program accessibility by improving resource distribution and support services, ensuring a more efficient and impactful delivery of assistance. As we move forward, our overarching objective is to expand our social impact, launching new initiatives that will allow us to support more families and foster a stronger, more resilient community.



Contact Information



Contact

Rob Preston



Phone

360-391-5501



Email

robertpreston@bbfbarrierbreakerfoundation.com



Website

www.bbfbarrierbreakerfoundation.com

